A Shopper's Guide to Pesticides in Produce*





DOZENAlways buy Organic



GIJEAN

FIFTEEN

Lowest in Pesticides

- -Apples
- -Celery
- -Cherry Tomatoes
- -Cucumbers
- -Grapes
- I-Nectarines (Imported)
- -Peaches
- -Potatoes
- I-Snap Peas (Imported)
- -Spinach
- I-Strawberries
 - -Sweet Bell Peppers

- -Asparagus
- I-Avocados
- 1 Cabbage
 - -Cantaloupe
- I I-Cauliflower
- -Eggplant
- I-Grapefruit
- -Kiwi
 - -Mangos
- I -Onions
 - -Papaya

- -Pineapples
- -Sweet Corn
- -Sweet Peas (frozen)
- -Sweet Potatoes



